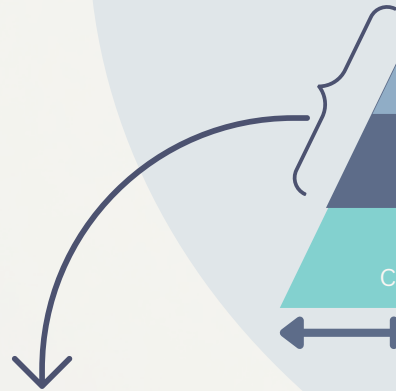
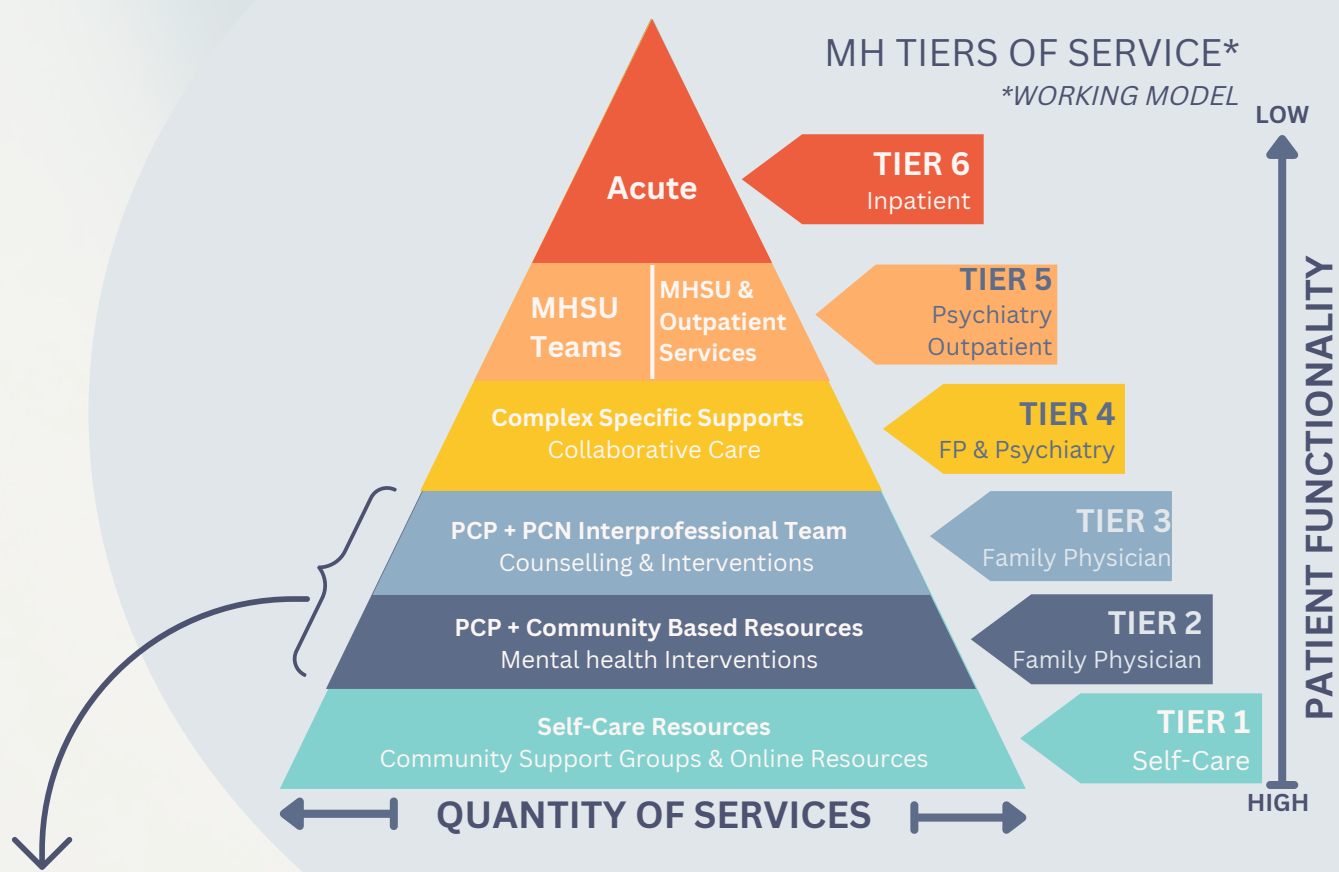





# WHERE CBT SKILLS GROUPS FIT IN OUR SYSTEM



SERVICES	 <b>CBT Skills Groups</b> <ul style="list-style-type: none"> <li>• CBT Skills Foundations</li> <li>• Raising Resilient Kids</li> </ul>	<b>PCN Supports</b> <ul style="list-style-type: none"> <li>• Social workers</li> <li>• Mental Health Clinicians</li> </ul>	<b>Health Authority</b> <b>MHSU Services</b>
ACUITY	MILD-MODERATE PHQ9 ≤18	MODERATE	Moderate-severe Severe & persistent
ATTACHMENT	Attached & Semi-attached	Attached	Attached & Unattached
	<b>TIERS 2 &amp; 3</b>		<b>TIERS 4-6</b>