

## **VANCOUVER COMMUNITY ADULT DAY PROGRAMS:**

### **Where Caring Makes Community Thrive**

Adult Day Programs are designed for adults who have physical and/or memory challenges or are living with a chronic illness. The program is for individuals who may struggle to attend programs at conventional community centers. Clients of VCH Adult Day Programs travel to a location in their community 1-2 days per week where they are met by knowledgeable and caring staff offering a variety of services such as;

- Therapeutic social and recreational activities
- Special events and seasonal celebrations
- Falls prevention education and movement classes
- Monitoring health status (weight, blood pressure, and nutrition)
- Dementia support and pain management
- Caregiver Support including respite and education

These centers generally operate on weekdays, and some offer weekends.

Comfort and safety are top priorities. All sites operate with enhanced cleaning, sanitation, and infection prevention measures supported by the Ministry of Health (MOH) and Medical Health Officer. Clients can attend regardless of their vaccination status but all clients and staff are required to follow the MOH Mask Mandate for Health Care Settings. All staff are required to be vaccinated as a condition of employment.

Some sites offer enhanced safety measures including a wandering prevention system.

#### ***What to Expect?***

Clients can expect to be welcomed with a morning beverage and snack before the start of the days events. A hot meal is served for lunch followed by additional programming and activities before returning home by HandyDART or other transportation. Throughout the day, there are ample opportunities to get active, practice new skills and forage new friendships.

#### ***How can a Client access this service?***

To access this service, an individual requires a referral to a Home Health Case Manager. To make a Home Health Case Manager Referral anyone may call Vancouver Community Central Intake at (604) 263-7377. A Health Care Professional can complete the Central Intake Referral form and fax it to (604) 267- 3419 (see under Resources: VC Central Intake Form).

#### ***Who may be eligible?***

Individuals are eligible for Adult Day Program services if they meet the MOH criteria which includes being unable to function independently because of chronic, health-related problems. Eligibility is determined through assessment by a Home Health Case Manager (see under Resources: Home Health Brochure and MOH eligibility);

#### ***How much does it cost?***

The service rate charged to attend is \$10.00 per day.

***How will a Client get there?***

Clients are responsible for transportation to and from the center either by their own personal arrangements with family/friends or by HandyDART services (see under Resources: HandyDart & HandyCard Application Form)

***How long is the program?***

Programs start at 10:00 am and runs to 2:30 pm. Some times may vary depending on HandyDART service times.

**Resources**

*Ministry of Health Website: Adult Day Services*

<https://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/care-options-and-cost/adult-day-services?keyword=adult&keyword=day&keyword=programs>

*Home Health Brochure*

<https://vch.eduhealth.ca/en/viewer?file=%2fmedia%2fVCH%2fEF%2fEF.400.H66.pdf#search=ef.400.h66&phrase=false>

*HandyDART & HandyCard Application Form*

<https://www.translink.ca/-/media/translink/documents/rider-guide/transit-accessibility/handydart/handydart-card-application-form.pdf>

*Vancouver Community Central Intake Form*

<http://www.vch.ca/Documents/Vancouver-home-and-community-referral-form.pdf>