

IPT Engagement Series: Diabetes



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view the recording.

SESSION SUMMARY REPORT

DATE	FORMAT	RESPONDENTS AUDIENCE
April 8, 2026	Zoom	61 Evaluations FPs & Nurse Practitioners

100%

Would attend another
IPT Engagement Session

97%

Would recommend
this session to a colleague

89%

Rated session
4-5 out of 5 for value

Session Overview

The IPT Engagement Series gives Vancouver PCN allied health practitioners a platform to showcase how they work – sharing knowledge, building connections, and learning across disciplines.

This session focused on **diabetes**: medication, referral criteria, diabetes management strategies, and the roles of clinical pharmacists and registered dietitians in supporting patients.

WHAT WAS COVERED

Key Content Areas

PCN Clinical Pharmacists Role

Pharmacists will complete a comprehensive medication review, glycemic optimization, and cardiovascular risk reduction. Can support in patient cost navigation.

Registered Dieticians will Provide Client-Centred Care

Provides culturally relevant, weight-neutral, trauma-informed diabetes management and cardiovascular risk reduction services. Has multi-language resources.

Nutrition Intervention is Essential

A variety of methods to support sustainable food choices. Will assess patient's eating habits and nutritional concerns.

Key Highlights

Case-Based Learning Was a Major Strength

Two detailed case studies (social/gym anxiety and driving/flying phobias) helped illustrate real-world application of counselling approaches and exposure therapy.

Clear View of Counsellor Role & Treatment Process

Participants valued understanding what happens across sessions, including assessment, goal setting, and progression through treatment.

Practical Tools & Techniques

Attendees appreciated learning strategies such as exposure hierarchies, mindfulness techniques, & patient education approaches.

Increased Awareness of PCN Services

Session improved understanding of how and when to refer patients and what support clients receive through PCN counselling.

PARTICIPANT EVALUATION

Session Ratings

Based on 61 survey responses (scale of 1–5). Percentages reflect participants who scored 4 or 5.

Overall session value  **88%**

53% rated "Extremely Valuable" (5/5) · 43% rated 4/5

Ability to apply knowledge going forward  **92%**

51% rated 5/5 · 45% rated 4/5

IPT Series objectives met  **90%**

59% rated 5/5 · 35% rated 4/5

79%

Family Physicians

21%

Nurse Practitioners

100%

Would attend a future
IPT Engagement session

WHAT PARTICIPANTS SAID

Selected Feedback

"It was comprehensive and covered the topics I wanted to know about, including the new national Pharmacare program."

"The diversity of the expert panels, from dieticians to pharmacists, it's nice to have multiple perspectives. "

"I love this lunch time format. Very convenient to watch this over lunch break."

"Gained insight into PCN supports for diabetic patients. Will now refer my patients to PCN for these excellent supports. Thank you!"

"Case study is always helpful!"

NEXT SESSION: May 13th, 2026

A PCN Approach to Menopause pt. 1- click [here](#) to register!

Find more info about these sessions or contact
your [Community Network Manager](#)