

Interprofessional Team Engagement Series

The Interprofessional Team (IPT) Engagement Series happens monthly and connects team members working together in Primary Care Networks (PCNs). The goals of the series are to learn, connect and share questions and experiences to help [Interprofessional Team](#) (IPT) Clinicians and Primary Care Providers to optimize how they work together to support their patients. A fictional case study is used to show how different IPT clinicians would support a patient as a team, working closely with Primary Care Providers. Breakout room discussions allow for more intimate conversations.



A Multidisciplinary Approach to Supporting Patients with Intimate Partner Violence

June 21, 2023

How would you support this patient?

CLINICAL COUNSELLOR

Target:

- Build rapport – empathetic listening, gather info, identify strengths
- Address concerns – ensure privacy and safe communication
- Validate client's experience
- Orient client to role of counsellor & inform on duty to report

Interventions:

- Trauma informed/compassion-based interventions
 - Trauma awareness
 - Emphasis on safety and trustworthiness
 - Opportunity for choice, collaboration & connection
 - Strength based and skill building
- Facilitate learning/practice of tools, psycho-education to improve quality of life
- Internal IPT referrals and care conferences with MRP as needed

SOCIAL WORKER

Target:

- Assessments
 - Psychosocial
 - Mental status exam
 - Risk assessment
 - Functioning
 - Capacity
 - Ethical Dilemmas

Interventions:

- Psychoeducation
- Safety planning
- Counselling
- Resource identification (housing, legal assistance, financial, longer-term counselling, crime victim assistance, support groups)
- Referrals
- Care coordination

Who attended the session?



- Family Physicians
- Nurse Practitioners
- Registered Nurses



- Social Workers
- Clinical Counsellors
- Registered Dietitian
- Clinical Pharmacists

FICTIONAL CASE STUDY

Provider refers patient to Clinical Counsellor & Social Worker

Patient:

- 35-year-old female patient (she/her) with no kids
- Lives with husband of 10 years
- Reported her husband to be critical and controlling – monitoring spending and texting/calling when she is running late
- She has stopped seeing friends/family and feels down and sad about her relationship

Medical History

- Not sleeping or eating well
- Migraines
- Random heart palpitations
- Feels overwhelmed all the time
- Drinks alcohol and uses cannabis recreationally

Did you miss the event? [Click Here](#) for a recording of the case study

SESSION FEEDBACK

"This was a sensitive and thorough approach to an important and delicate issue. Thanks"
– Primary Care Provider

"I liked hearing from the Clinical Counsellor and Social Worker about the various resources available, many of which I was not previously familiar with."
– Primary Care Provider

100%
would recommend the sessions to colleagues

100%
would attend another session

Suggestions for improvements:

- Later start
- Longer sessions

NEXT SESSION – FALL 2023

Have a great summer!

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RESOURCE LIST

HOUSING:

- [211](#)

LEGAL:

- [Legal Aid](#)
- [BWSS Court Advocacy](#)
- [Protection Orders](#)

CRISIS LINES:

- BWSS 604-687-1867
- [Vancouver Rape Relief](#) 604-872-8212
- [Victim Link](#) 604-875-0885
- [WAVAW](#) 604-255-6344

PATHWAYS

[Vancouver General Hospital Sexual Assault Service:](#)
604-875-4995 (24H/day)