



Vancouver Primary Care Network

INDIGENOUS SHARING EXPERIENCE

AT NATIVE EDUCATION COLLEGE

March 2025

Panel Discussion with Holly Anderson & Amber Moon

Holly Anderson

Speaker and Moderator

Holly Anderson is a Métis woman from the community of St. Eustache, Manitoba. Adopted and raised outside of her culture, Holly later reconnected with her birth family and community, making this journey of reconnection a lifelong passion. With post-graduate studies in Indigenous Studies from Columbia University and 19 years of experience in Indigenous child welfare, Holly works to create a system that amplifies Indigenous voices, addresses systemic racism, and tackles the overrepresentation of Indigenous Peoples. She also serves as a sessional instructor at Douglas College.

Amber Moon

Speaker's Guest

Amber Moon is a senior member of the Youth Advisory Committee, where she has represented the voices of youth in care since 2016. An advocate for systems change, Amber has raised her voice both locally and internationally, including in Taiwan and Hawaii, calling for reform to better serve Indigenous Peoples. Currently completing her Bachelor of Science at Simon Fraser University, Amber continues her advocacy work with a focus on systemic reform and the empowerment of Indigenous youth.

Resource List

Books:

Kimmerer, R. W. (2013). *Braiding sweetgrass*. First edition. Milkweed Editions.

Duran, E. (2019). *Healing the Soul Wound: Trauma-Informed Counseling for Indigenous Communities*. Teachers College Press.

Maté, G., & Maté, D. (2022). *The Myth of Normal: Trauma, Illness and Healing in a Toxic Culture*. Avery, Penguin Random House.

Sinclair, M. (2024). *Who We Are: Four Questions for a Life and a Nation*. McClelland & Stewart, 2024.

Reports:

In Plain Sight:

<https://engage.gov.bc.ca/app/uploads/sites/613/2020/11/In-Plain-Sight-Summary-Report.pdf>

FNHA Wellness Model:

<https://www.fnha.ca/wellness>

FNHA Wholistic Integrated Continuum of Care:

<https://www.fnha.ca/what-we-do/wholistic-integrated-continuum-of-care>

Truth and Reconciliation Calls to Action:

https://www2.gov.bc.ca/assets/gov/british-columbians-our-governments/indigenous-people/aboriginal-peoples-documents/calls_to_action_english2.pdf

Community Specific Resources:

Vancouver Aboriginal Friendship Centre Society's Comprehensive Resource Guide:

<https://vafcs.org/vafcs-resource-guide>