



Interprofessional Team (IPT) Referral Criteria

QUICK REFERENCE GUIDE

FAX REFERRALS TO:
604-297-9934

Clinical Pharmacist

CONDITION SEVERITY: Moderate to Complex

Appointment Range: Unlimited

Duration of Care: Unlimited/Ongoing



REASONS FOR REFERRAL:

- Multiple drug therapies or health conditions
- Optimize drug therapy for chronic conditions
- Polypharmacy concerns
- Medication allergies or adverse reactions
- Sub-optimal drug therapy outcomes
- Complexities from self-treatment
- Any medical complexity, issues or concerns
- Needing support after care transition
- Documented non-adherence or financial barriers

Occupational Therapist

CONDITION SEVERITY: Mild to Moderate

Appointment Range: Up to 8 sessions



REASONS FOR REFERRAL:

- Pain, sleep hygiene and/or energy conservation management strategies
- Activity and/or environmental modification
- Functional mobility and fall prevention strategies
- Self-management of chronic and/or episodic conditions impacting participation in activities of daily living
- Positioning, ergonomics and/or joint protection strategies
- Community integration and accessibility, including transportation
- Caregiver supports and strategies

Registered Dietitian

CONDITION SEVERITY: Mild to Moderate

Appointment Range: up to 8 sessions



REASONS FOR REFERRAL:

- Chronic Conditions (e.g. Diabetes with A1C below 8.6, Cardiovascular Disease, Hypertension, Osteoporosis, COPD)
- Malnutrition & unintentional weight loss
- Food intolerances, allergies, restrictive diets, disordered/unhealthy eating
- Nutrient imbalances (e.g. Anemia, Hypokalemia or Hyperkalemia)
- GI Disorders (e.g. IBS, Celiac, Chron's, Ulcerative Colitis)
- Nutrition care for patients with mental health or substance use concerns
- Food insecurity & healthy eating strategies

Clinical Counsellor

CONDITION SEVERITY: Mild to Moderate

Appointment Range: Up to 8 sessions



REASONS FOR REFERRAL:

- Brief interventions, support and solution-focused therapy
- Psychotherapy (biopsychosocial spiritual approach) to support treatment for anxiety & depression, grief/loss, work-life balance, trauma education, relationship challenges and other sources of emotional distress
- Mental Health and Substance Use education for patients, friends, family members
- Care coordination (support for social determinants impacting mental health)

Social Worker

CONDITION SEVERITY: Mild to Moderate

Appointment Range: Up to 8 sessions



REASONS FOR REFERRAL:

- Healthcare decision making concerns and Advance Care Planning
- Indigenous cultural supports
- Disability supports
- Assistance to find legal help
- Housing application support
- Transportation resource support
- Health issues, medical benefits and prescription needs
- Immigrant, refugee and newcomer supports
- Palliative/End of Life support
- Care Coordination

FOR MORE INFORMATION:

General Inquiries: Contact your PCN's Community Network Manager or pcn@vancouverdivision.com

Call the IPT Intake Coordinator at 604-331-8927

PLEASE NOTE: Appointment Range and Duration of Care will vary depending on the patient's clinical needs. The PCN Interprofessional program (IPT) supports patients with mild to moderate severity and short-term duration, excluding PCN Pharmacists.