

NEED HEALTH CARE?

This winter, know where
to go for the right care.



NON-URGENT HEALTH CONCERN?

Visit your doctor, nurse practitioner or local walk-in clinic.
Virtual appointments may also be available.



CRITICAL OR LIFE THREATENING CONDITION? DO NOT WAIT.

Call 9-1-1 or go to the nearest emergency department. Request that a copy of your medical reports be sent to your family doctor or nurse practitioner.



SAME-DAY CARE FOR A NON-LIFE THREATENING HEALTH CONCERN?

Visit an Urgent and Primary Care Centre. For locations and hours visit www.vch.ca/UPCC. Check medimap.ca for UPCC wait times.



COVID-19 TESTING?

Visit www.vch.ca/COVIDtesting for locations and hours.



FLU SHOT?

Visit ImmunizeBC.ca/clinics/flu for locations and hours.



TRUSTED HEALTH ADVICE?

Contact HealthLinkBC at 8-1-1, available 24/7 or go to healthlinkbc.ca



URGENT MEDICATION REFILL?

Speak with your pharmacist. They can often provide short-term refills and other advice.

Visit www.vch.ca/wintercare for more info on health-care options over the winter months.