

Interprofessional Team Engagement Series

The Interprofessional Team (IPT) Engagement Series happens monthly and connects team members working together in Primary Care Networks (PCNs). The goals of the series are to learn, connect and share questions and experiences to help [Interprofessional Team](#) (IPT) Clinicians and Primary Care Providers to optimize how they work together to support their patients. A fictional case study is used to show how different IPT clinicians would support a patient as a team, working closely with Primary Care Providers. Breakout room discussions allow for more intimate conversations.



A Multidisciplinary Approach to Supporting Patients with Low Socio-economic Status

May 17, 2023

How would you support this patient?

SOCIAL WORKER

Target:

- Understand the following for the client:
 - Financial stressors
 - Housing
 - Taxes
 - Disability
- Interventions are highly dependent on patient demographics

Interventions for a patient within PCN 6:

- Housing - counselling, BC Housing application, Ministry funding, furniture assistance
- Food Security - Gordon Neighbourhood House, West End Church, Quest referral
- Other Financial Supports - West End Seniors Network, Telus Connecting for Good, Federal Rent Assistance
- Mental Health Support - consult with MRP re psych referral, panic attacks, assess readiness for clinical counselling
- Other Referrals - PCN Dietitian, Employment Supports

CLINICAL COUNSELLOR

Target:

- Assess patient's readiness for clinical counselling considering recent panic attacks and generalized anxiety disorder
 - Can happen in MRP clinic or with IPT referral
 - Chronic vs. acute concerns
 - Has mental health been identified as primary concern
 - Is this person in a position to engage in therapeutic behaviour?

Interventions:

- Offer support based on patient's immediate needs
- If clinical counselling is not indicated due to other concerns, offer brief supportive counselling with resources to access further supportive counselling services in the community
- Provide support in effort of reducing suffering
- Consider other Referrals - PCN Clinical Pharmacist

Who attended the session?



- Family Physicians
- Nurse Practitioners
- Registered Nurses



- Social Workers
- Clinical Counsellors
- Registered Dietitian
- Clinical Pharmacists

FICTIONAL CASE STUDY

Provider refers patient to Social Worker for support

Patient:

- 56-year-old woman (she/her) seeking financial assistance
- Client reports interpersonal conflict with family led to unexpected acute financial concerns
- Client seeking assistance with housing and financial stability

Psychosocial Assessment – Social Determinants of Health

- Temporary housing, unaffordable
- MRP supported PWD application and client receives benefit
- Minimal savings, interested and able to work
- No social support
- GAD dx 10 years ago, hoping for psychiatry evaluation
- Denied substance use
- Recent unexplained weight loss

Did you miss the event? [Click Here](#) for a recording of the case study

SESSION FEEDBACK

"It was helpful to meet and hear from the IPT members. I found it very practical and informative to discuss one common issue in each session. I can see how we can work with the team to drive better outcome for our patients."
- Primary Care Provider

93.3%
would recommend the sessions to colleagues

96.7%
would attend another session

Suggestions for improvements:

- Send e-mail reminder with link closer to the meeting
- Later time/longer duration

NEXT SESSION June 17th

A Multidisciplinary Approach to Intimate Partner Violence