

Case Study – Audrey Philpot



84-year-old Female – living with her adult son Ethan in the two-story family home



Background:

- Widowed for 10 years
- Has three adult children
 - Jason: Eldest child
 - Ethan: Middle child
 - Colleen: Youngest child
- Plays bridge with friends at the community centre and attends aquafit classes three times a week

Financial:

- Receives OAS, CPP, and a survivor's pension from her deceased partner
- Owns a home in Vancouver that is mortgage-free
- Investment savings valued at \$600,000.00
- She drives a luxury vehicle

Medical History:

- Major cognitive disorder
- Frailty
- Frequent falls
- Heart failure
- Compression fracture
- Hearing loss (not compliant with hearing aids)
- Osteoarthritis
- Diabetes
- Macular degeneration
- Atrial fibrillation
- Insomnia

Medications:

- Furosemide
- Zopiclone
- Metoprolol
- Empagliflozin
- Lorazepam
- Metformin
- Ramipril
- Tylenol 3
- Oxybutynin
- Apixaban
- Calcium
- Vitalux
- Vitamin B12
- Vitamin D

Presenting Issues:

- Jason had been Audrey's main support for years
- Ethan had been estranged for over 15 years but has recently reconnected with Audrey and moved into her home. He is now her primary caregiver.
- Reports that Ethan is restricting access to Audrey and pressuring Audrey to appoint him as POA and Healthcare Representative
- Jason reports on and off bruising when he does get to see his mother
- Also concerns that Ethan is pressuring Audrey to add him to the home title
- Jason and Colleen have noticed multiple dents and scratches on the car and Audrey denies that she has had any accidents