

Case Study – Herman Fung



86-year-old Male – living alone in his own apartment

Background:

- Widowed a year ago during Covid
- Daughter nearby, helps when she can (single mother, 3 kids)
- Eats congee and drinks tea
- Communicates primarily in Cantonese
- Having trouble with getting out to get groceries, doing his banking, basic household chores: laundry, cooking, cleaning, ...
- Depends on family for transportation to and from medical appointments

Financial:

- Receives OAS, and CPP
- Owns his apartment in Vancouver which is mortgage-free

Medical history:

- COPD
- Previous stroke
- Coronary artery disease

Medications:

- Rosuvastatin
- Candesartan
- PRN Salbutamol
- Spiriva
- Aspirin

Presenting issue:

- Prefers to communicate in Cantonese
 - Has been hospitalized twice in the past year for COPD exacerbation
 - Daughter has come over and found him more disheveled, losing weight, and spending more time in bed, refuses to go to religious services
 - Frequently drinks and smokes
 - Daughter finding it more difficult to help father given her circumstances, finding it difficult to motivate her father
- Difficulties with mobilizing around his apartment