

### Case assumptions:





- Possible underlying disease
- Frailty, ADLs, Fall risk
- Caregiver burnout
- Depression, Social isolation
- Capacity, Goals of care, Dementia









### Resources/Services:

- Translation services
- Geri psych
- Assisted living
- Move in w/ family/sell
- Condo & pool money

### Questions/Concerns/Limitations:

- Resources in Chinese/ other languages
- Mental Illness stigma


Issue <b>Social Isolation</b> 	Issue <b>Depression</b> 
Tools/Assessments <b>PHQ-9</b> 	<i>Geriatric psychiatry</i>
Tools/Assessments <b>Geriatric Depression Scale</b> 	<i>Mental health stigma in certain cultures</i>

Issue <b>ADLs</b> 	Issue <b>Frailty</b> 	Issue <b>Falls</b> 
	Tools/Assessments <b>PATH Frailty App</b> 	
	Tools/Assessments <b>Fall Risk Questionnaire</b> 	
	Tools/Assessments <b>Clinical Frailty Scale</b> 	
	Tools/Assessments <b>Frailty Roadmap</b> 	
	Tools/Assessments <b>Canadian Frailty Network</b> 	

Issue <b>Dementia</b> 
Tools/Assessments <b>MMSE</b> 
Tools/Assessments <b>MOCA</b> 
Tools/Assessments <b>Dementia Roadmap</b> 

Issue <b>Goals of Care</b> 	Issue <b>Declining Phys/Mental Capacity</b> 	Issue <b>Capacity</b> 
Tools/Assessments <b>ACP Conversation Guide</b> 	Tools/Assessments <b>Comprehensive Geriatric Assessment</b> 	Tools/Assessments <b>SDM Serious Illness Conversation Guide</b> 
Tools/Assessments <b>Serious Illness Conversation Guide</b> 	Support Service/Resources <b>Senior Services Society of BC</b> 	Support Service/Resources <b>PGT</b> 
Tools/Assessments <b>MOST Form</b> 	Support Service/Resources <b>VCH Older Adult Mental Health</b> 	Support Service/Resources <b>NIDUS</b> 
	<i>Transcription service</i>	

Support Service/Resources <b>Home Health / Case Manager</b> 	Support Service/Resources <b>Better at Home</b> 
Support Service/Resources <b>Adult Day Programs</b> 	Support Service/Resources <b>211 BC</b> 
Support Service/Resources <b>VCH IPT</b> 	

Issue <b>Caregiver Burnout</b> 
Support Service/Resources <b>Family Caregivers of BC</b> 