

BC Provincial Eating Disorders Network

Terms of Reference, September 2025 – 2028

The BC Provincial Eating Disorders Network acknowledges their gratitude to operate across many traditional, ancestral and unceded territories across the province, and commits to fostering a community of respect, cultural humility and learning in all of our activities.

Name	BC Provincial Eating Disorders Network
Vision	A seamless, accessible, and culturally safe system of eating disorders care - from prevention and early intervention to tertiary services - that meets the needs of individuals and families throughout the province.
Mission	To develop cross-sectoral relationships and enhance knowledge exchange to better meet the needs of individuals with eating disorders and their families across BC, with an emphasis on the provision of accessible, culturally safe, and person- and family-centred care.
Values	<ul style="list-style-type: none"> • Person and family-centred eating disorders care, including services tailored to individuals where they are in their recovery. • Cultural safety and Indigenous-specific anti-racism in eating disorders care, understanding the role of colonization, trauma, and oppression in an individual's path towards recovery. • Evidence-based treatment including recovery-oriented and quality of life-oriented services that incorporate new research and innovation into practice. • Equitable approach to care, recognizing systemic barriers and intersectionality that may impact one's experience across the province. • Anti-weight bias and using a Health at Every Size approach. • Collaboration to break down silos across sectors and geographic regions, better supporting the development of continuous care pathways.

Goal Statements	<ul style="list-style-type: none"> • Facilitate knowledge exchange and relationship building by hosting regular meetings and engaging new members and guests • Strengthen our commitment to cultural safety and elimination of Indigenous specific racism through purposeful and reciprocal engagement with Indigenous partners, and supporting the inclusion of holistic Indigenous health knowledge and wellness practices across the continuum of care • Engage in advocacy to help build system capacity to improve timely access to services across the continuum of care for patients and families, with a focus on underserved populations including those in rural/remote populations • Improve care provider capacity by creating opportunities for mentorship, education, and wellness • Strengthen our commitment to the inclusion of those with lived experience and translate learnings into practice
Diversity, Equity, and Inclusion Considerations	<ul style="list-style-type: none"> • Before engagement with Indigenous partners, read through foundational documents, organizational and provincial commitments, and other available resources to ground next steps in the knowledge and perspectives of Indigenous people that have already been shared • Establish and strengthen relationships and collaborate with Indigenous partners to develop a strategy and action plan specific to the following goal statement: <i>“Strengthen our commitment to cultural safety and elimination of Indigenous specific racism through purposeful and reciprocal engagement with Indigenous partners, and supporting the inclusion of holistic Indigenous health knowledge and wellness practices across the continuum of care”</i> • Utilize equity-centred policy-making tools, such as the Health Equity Impact Assessment (HEIA) tool and EQUIP Health Care’s strategies to gain actionable insights into how to reduce structural inequities and provide more equitable care for underserved populations, including 2S/LGBTQIA+ populations who are living with eating disorders • Utilize the <i>PHSA Patient and Family Engagement Framework</i> and other available provincial resources to develop a strategy and action plan specific to the following goal statement: <i>“Strengthen our commitment to the inclusion of those with lived experience and translate learnings into practice”</i> • As part of annual evaluation, assess Network membership mix looking for gaps in equitable representation and identify ways to improve engagement, considering a spectrum of possible engagement levels and avenues

Scope	The BC Provincial Eating Disorders Network addresses issues related to the prevention, early intervention, and treatment of eating disorders across pediatric and adult populations in BC.	
Reporting	The Network will report regularly to the Provincial Executive Director of BCCH Mental Health Program.	
Membership	Current Members (as of Oct/25): <ul style="list-style-type: none"> • BC Children's Hospital (including Co-Chair & Network Manager) • St. Paul's Hospital (including Co-Chair) • Ministry of Health • MCFD CYMH Policy • MCFD CYMH Practice • MCFD CYMH Operations • Looking Glass Foundation • Vancouver Coastal Health Authority • Fraser Health Authority • Vancouver Island Health Authority • Interior Health Authority • Northern Health Authority • Providence Health Care • Métis Nation BC • Embody BC • F.E.A.S.T. • Foundry 	Desired Members: <ul style="list-style-type: none"> • First Nations Health Authority • BC Association of Aboriginal Friendship Centres • BC Pediatric Society • Divisions of Family Practice • Dietitians of BC • Individuals with lived experience (PFAC)
Network Sub-Groups	<ul style="list-style-type: none"> • Eating Disorders & Substance-Use Working Group • Transitional-Aged Youth Working Group • BC Eating Disorders Community of Practice <ul style="list-style-type: none"> • COP Design Team 	

	<ul style="list-style-type: none"> Eating Disorders Early Intervention Working Group
Documents Overseen by Network	<ul style="list-style-type: none"> Eating Disorders Primary Care Provider Toolkit Integrated Care for Substance Use and Eating Disorders One-Pagers BC Comprehensive Clinical Care Pathway for CY Eating Disorders (TBC)
Network Administration	<ul style="list-style-type: none"> Project Manager to send meeting invitations and manage network distribution list Co-chairs and Project Manager to meet between meetings to develop agenda based on Goal Statements <ul style="list-style-type: none"> Network members to bring topics from their own organizations forward between/at network meetings Network members to submit additional agenda items to Project Manager as appropriate (at least three weeks prior to meeting date) Project Manager and co-chairs to determine next annual meeting schedule by December each year Project Manager to oversee document management system
Communication	<ul style="list-style-type: none"> After each meeting, network members will: <ul style="list-style-type: none"> Report back to their leadership structure on network activities, and Share the meeting minutes and supplementary documents with programs/staff In between meetings, network members will send relevant communications to Project Manager for circulation
Meetings	<ul style="list-style-type: none"> Quarterly, Wednesdays 9:00 am to 11:00 am PST via Microsoft Teams.
Network Participation	<ul style="list-style-type: none"> Network members are expected to attend as many of the scheduled network meetings as possible, or designate an alternate to attend on their behalf when they cannot Network members to share meeting minutes and supplementary documents with the appropriate leadership from their organization after each network meeting
Evaluation	<ul style="list-style-type: none"> Project Manager to facilitate annual evaluation of network in the Fall of each year by reviewing goals and summarizing outcomes of Goal Statements

DRAFT